

*Carty House is a transitional home and a community for refugee women in Ottawa*



**CARTY HOUSE**

FALL 2014

***It is a good first step but not the last***



My immigration to Canada has been a great experience where I learned to take every opportunity that came my way to shape a better future. On January 11, 2010, my sister and I were reunited with my mother after two years apart. A few months later, we were successful at our hearing where our family was legally accepted as refugees. Since then, I embraced Canada as a country full of opportunities. It took the right attitude and commitment to discover what Canada had and still has to offer. In January 2011, I decided to move to Ottawa from Montreal to continue my high school education in English. After a couple of months in a shelter, I was welcomed to Carty House where I got help from the staff and volunteers. Remarkably, my English communication started to improve day by day as I worked hard. That helped me to pass my other high school courses. After one year of hard work and commitment, I graduated from high school with a couple of awards from St. Nicholas Adult High School and Carty House.

In September 2012, I enrolled in the Aviation Operations Program at Seneca College in Toronto, ON, where my dream in aviation started to come true. Two years later, I graduated from the program with honours! Recently, I was offered a position as Flight Dispatcher by Voyageur Airways based in North Bay. I am so excited to get started.

I had no idea that this moment would come. Thanks to Carty House staff, volunteers, my high school teachers, and Canada for letting me achieve my dream. It is a good first step but not the last.

***Juliet Umutoni Iradukunda***

**Coordinator's Departure**

It is with much regret that we accepted the resignation of Lena McFarlane, Program Coordinator at Carty House.

The residents thrived with Lena's warmth, energy, initiative, knowledge and personal concern to enhance the future of each individual.

Lena, from the Board, our profound Gratitude!

**Board Status**

We wish to thank Marlene Kelly, whose three-year term expired in June. The Board valued her committee work and astute advice. Meg O'Connell, Erika Balarezo and Carol Jattan resigned due to other commitments and we thank them for their contributions.

Nature smiled on us and we have been gifted with four new board members - Lisa Nesbitt, Jaime Lenet, Todd Ji and Julie MacGarvey.

A very warm and grateful '**WELCOME**' to Julie, Todd, Jaime and Lisa.

**Let's raise some funds for Carty House  
Put Sunday, December 7th, 2014 on your Agenda**

Come to a savoury Sunday supper from 6 p.m. to 8 p.m. at the Peace Garden vegetarian restaurant at 47 Clarence Street in the Atrium Building, close to a city parking garage. The cost is \$35 per person: \$15 goes to the restaurant and the rest, \$20, comes to Carty House to be put, as ever, to good use for the residents. You will receive a tax receipt for the \$20. The Peace Garden does not sell or serve alcohol, and the meal includes a soup, a main dish, a small dessert, and a tea/coffee.

Now, we are selling just 40 tickets, so make sure you get one - at least. Please contact Glennie-Ruth at Carty House (613-236-8855) or J. Waterman (613-726-1294) to buy one - and we will need your contact info (name and address) to send you the tax receipt.

Looking forward to seeing you there.

Jennifer

## ***Carty House recently participated in the following activities***



### **September 18<sup>th</sup>, Charity Fair at Place du Portage**

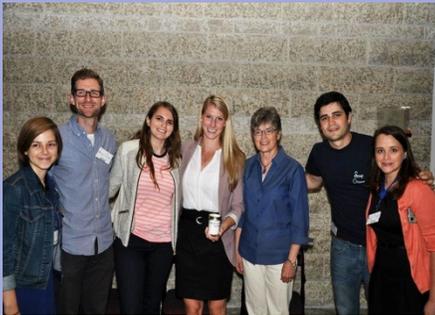
Carty House was selected to participate in the Charity Fair hosted by Public Works and Government Services Canada (PWGSC) in support of the Government of Canada Workplace Charitable Campaign (GCWCC). It was a wonderful opportunity to promote our organization to Public Servants at Place du Portage. September 18, 'Purple Thursday', is a popular department-wide initiative encouraging Public Servants to wear purple in support of mental health and well-being in the workplace. Our presenters, Ann Henders (Board member) and Nancy MacDonald

(Fundraising Committee) donned purple for the event.



### **September 6<sup>th</sup>, uOttawa Church Crawl**

Many thanks to Osman (Carty House Board member) and Pagah (Carty House volunteer) for participating in the University of Ottawa Church crawl. The objective of the Church crawl is to connect university students to local Christian communities in Ottawa. It is a collective effort of Christian communities near the University of Ottawa, with a goal of helping students and young adults to engage in faith activities and to connect with a Christian community in their neighbourhoods. All offerings collected at this event were generously donated to Carty House.



### **August 28<sup>th</sup>, Soup Ottawa 2014**

Soup Ottawa's theme for their 6<sup>th</sup> fund-raising event, held on August 29<sup>th</sup>, was "Make Ottawa \_\_\_\_\_". Speaking to a crowd of over 200 people, Joanna Heathcote, a member of the grant writing committee for Carty House, pitched the idea of how we could "Make Ottawa Home" for our residents by providing an overnight retreat to facilitate community and healing.



Joanna had tough competition against other pitches which varied from spreading happiness through breathing and meditation to "1, 2, 3" voting reform. A.R.T. (A Real Thought) in Action was the ultimate winner, which was judged by the number of spoons put in their ballot box. All ideas put forward were interesting and worthy of support. Although Carty House did not win the money, it came out ahead in networking and becoming better known in the community. Thanks to all those who came out to support Carty House and congratulations to Joanna for a successful initiation into public speaking.

**Carty House**  
**PO Box 4758 Station E, Ottawa, ONTARIO**  
**613-236-8855**

**email: [cartyhouseoffice@gmail.com](mailto:cartyhouseoffice@gmail.com)**

**You can donate to Carty House directly by mail or through**

**[www.CanadaHelps.org](http://www.CanadaHelps.org)**

**Registered Charity Number: 833 764 293RR0001**

*Many thanks to our donors for their ongoing generosity and support.*

**MAKE CHANGE HAPPEN**  
**BE UNITED**



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