

# PERSONAL SAFETY WORKSHOP FOR WOMEN

**Join us and learn how to improve your  
safety strategies and self-defense skills!**



**Where:** Catholic Centre for Immigrants | 219 Argyle Avenue | Room 113

**Date:** Thursday August 18, 2016 from 6 pm – 9 pm

**Facilitator:** Elsy David, Program Director

*Women's Initiatives for Safer Environments (WISE)*

**\*\*Presentation will be conducted in English\*\***

Interpreters are welcome | Snacks will be provided

**All are welcome to either drop-in or register before the workshop.**

To register, please contact  
Christabel at 613-236-8855  
Email: [admin@cartyhouse.org](mailto:admin@cartyhouse.org)

Workshop organized  
by Carty House  
([www.cartyhouse.org](http://www.cartyhouse.org))  
in partnership with  
**WISE** ([www.wiseottawa.ca](http://www.wiseottawa.ca))

